IMAGINE THE POSSIBILITIES
Cranial/Structural Core Distortion Releases
Don McCann, MA, LMT, LMHC, CSETT

Brief Explanation – Core Distortion

The Core Distortion is an anterior/posterior rotation of the iliums and tipped sacrum producing the lack of weight bearing support for the spine. The entire structure of the body is affected causing musculoskeletal dysfunction and pain.

This core distortion is documented in 16 week old fetuses!! Everyone is born with this!

50% of your muscles are operating at approximately 50% strength and function in the core distortion - proven with functional and applied kinesiology.

Cranial/Structural techniques of Structural Energetic Therapy® release the core distortion - the cause of 90% of imbalance, dysfunction, and pain. Once fully released usually in one treatment the core distortion will not return! The soft tissue restrictions can’t reform the same way again!

The old soft tissue restrictions holding the distortion in the body start unwinding and reforming new balanced supported holding patterns!

IMAGINE THE POSSIBILITIES!!

For the Athlete!!
Peak performance - athlete’s goal – is a reality
Longevity is possible
Full potential can be unlocked
Prevent injuries
Maximum rehabilitation from injuries long term
Recover time is minimized
Extend athletic careers
Maximize stamina, endurance, strength, flexibility, energy

For everyone!!
Minimize pain and dysfunction long term – don’t “manage” your pain
Minimize bone and joint degeneration
Increase balance and function – prevent injuries
Maximum rehabilitation from injuries long term
Maximize stamina, endurance, strength, flexibility, energy
More efficient function of organs and body

For more information = www.StructuralEnergeticTherapy.com Classes offered for therapists!
The Cranial/Structural Frontal/Occipital Decompression

has been proven to:

- give children with autism, learning disabilities a chance to experience a more normal and productive life
- produce observable and measurable positive results in behavior,
- noticeable improvements in:
  - motor skills
  - coordination
  - strength
  - the ability to concentrate
  - the ability to learn and apply new physical tasks
- detoxify the brain and body
- reduce scar tissue and inflammation from concussions that cause memory loss and other dysfunctions
- restore the function of the Glymphatic and Lymphatic systems of the brain
- result in significant improvement for early onset Alzheimer’s - many are often able to move back into normal life activities
- boost the immune system --- and so much more.

Imagine the possibilities!

You really can live a healthier, more productive life at any age!

4 case studies for this technique just to show you the power of this technique – these are greatly abbreviated

1. a young soccer player who had a major concussion in soccer all of a sudden exhibited aggressive behavior and couldn’t function in school. The Core Distortion release and Frontal/Occipital decompression were applied 3 times and the player was back to school functioning normally.

2. an elderly lady who had several surgeries and was on multiple medications, was diagnosed with early onset Alzheimer’s and was about to lose her driver’s license due to loss of memory. The Core Distortion Release and Frontal/Occipital Decompression were applied about 6-8 times which moved the toxicity out of her brain, and she was able to go back to her normal life activities without losing her license.

3. A young mother had an unusual “pregnancy” with abnormal growths. After the D & C she was on Methotrexate for 4½ months and was experiencing Chemo fog. She was in her 30’s and had 2 small children. She was told not to become pregnant for 12 months due to the Methotrexate in her system. The Frontal/Occipital Decompression was applied 3 times in 3 days after finishing the methotrexate shots. After the 3rd session the sluggishness cleared from her cranial motion and the chemo fog disappeared. 2 months later she became pregnant – 10 months before the requested wait time. She now has a perfectly normal little boy and the doctors could not believe there were no health challenges for him. It would appear that this toxicity was “pumped” out of her brain so her body could then get rid of the toxicity.

4. I was diagnosed with heavy metals through computer testing, so I was put on supplements to reduce the levels. The following week Don did the Frontal/Occipital Decompression sequence once and during the treatment noticed that something cleared from my leftbrain. When I was tested again the next day the therapist was astounded – I had said nothing of my treatment the previous day, and she mentioned that the left side of my brain was clear. She had never seen that before and was amazed that it cleared so quickly – that was 10 years ago. She now sends her Autistic and brain dysfunction children and adults for treatment with the Core Distortion Releases and Frontal/Occipital Decompressions.

A diagnostic clinic is now sending children and young teens to us to be treated for Autism, ADHD, Learning Disabilities, and other brain related conditions. We have had amazing results – some children have even been taken off the Autistic spectrum and are functioning normally. Obviously there are many types of Autism, but the success rate is amazing.

These are just a handful of clients who have been helped with this technique when combined with the Core Distortion releases. Imagine the difference you can make!! Now you see some of the reason for our excitement!!
In August 2016 I traveled to Atlantic City to the World Massage Festival. I was in a bad lupus flare so I had a chemo infusion. Normally, I feel better immediately. Not this time. I was also seven weeks away from having a total knee replacement. I was a mess.

I worked all day, left Michigan at 9:00 p.m., drove to Atlantic City arriving around noon. I’d been awake for 30 hours and was in tremendous pain. All I could think was, “where can I rent a motorized scooter?” The first booth I saw was Structural Energetic Therapy. I decided to tr whatever they were doing – I needed to get off my feet.

The therapist explained the core distortion, did muscle testing, worked on my head maybe 15-20 minutes, and re-did muscle testing. I could feel a difference in strength! He asked me to get up slowly and take a few steps. Usually my knee would collapse. It didn’t this time!! I was in absolute shock!! I had NO PAIN!!!! NO.PAIN!! I made it through 3 days of classes, vending hall, night classes, dinner, evening activities, and walked on the beach. Still no pain!

No pain pills in 3 weeks! I do stairs like a normal person. I haven’t been able to do that in a year! My rheumatologist discontinued two of my medications and ok’d cancelling the knee replacement surgery!!!

The Core Distortion Release has changed my life. Prior to the release I made the 2 hour trip to my parents about every ten weeks and spend two nights recuperating enough to drive back. In the last four weeks I’ve driven there 3 times! **I knew I needed to learn this technique.** My mother handed me a check. “You need to take this class. I am amazed. I want you to do this for Pops and I.”

I made plane, hotel, and car reservations and registered for the conference, made a Facebook post about how it’s changed my life, and have a list of clients waiting to get this release done as soon as I return from Tampa. I will complete the full SET training as soon as possible but will do the Core Distortion first. If my father gets half of the relief I have, it will be worth every penny!!

This training has the potential to impact so many lives. I can’t wait to see how it affects others!

Jeannine Saylor, Lansing, Michigan.